

Parenting Stress in Families of Children with Down Syndrome and Cornelia deLange Syndrome

The person responsible for this study is Dr. David M. Richman, University of Illinois at Urbana Champaign. Briefly, the study involves filling out four rating forms about your child and your current experiences raising a child (ages 5 – 21 years old) with a developmental disability. It should take you about 60-90 minutes to complete the four forms. The rating forms will allow us to gather information on your child's (1) positive and disruptive behaviors, (2) his or her levels of adaptive behavior (e.g., communication, independent living skills), (3) level of behavior often associated with Autism, and (4) your level of parenting stress. We will be comparing across diagnoses and the age of the child to see if there are specific patterns of parental stress that would suggest what types of parent supports are needed to help families raise a child with a disability. We want to emphasize that we **are not** just looking for families that are experiencing high levels of stress. We are trying to get a representative sample of all families with varying levels of parental stress.

There are no discomforts, risks, or costs specifically associated with this study. While there are no direct risks, there will not be any direct benefit from participating in this research project because this is not an intervention study. However, it is our hope that this research project will help us learn how to help families in the future that have characteristics similar to your child.

If you are willing to participate in the study, please e-mail Myungjin Kim at mkim209@uiuc.edu to request a packet be sent to you in the mail. The packet will include directions, the rating forms, and a self-addressed and postage-paid envelope for you to return the packet via mail.

If you are interested in learning more about this study, please contact Dr. Richman at (217) 265-4040 or e-mail: drichman@uiuc.edu.

Thank you very much for considering this request.

Kind regards,

Dave Richman

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