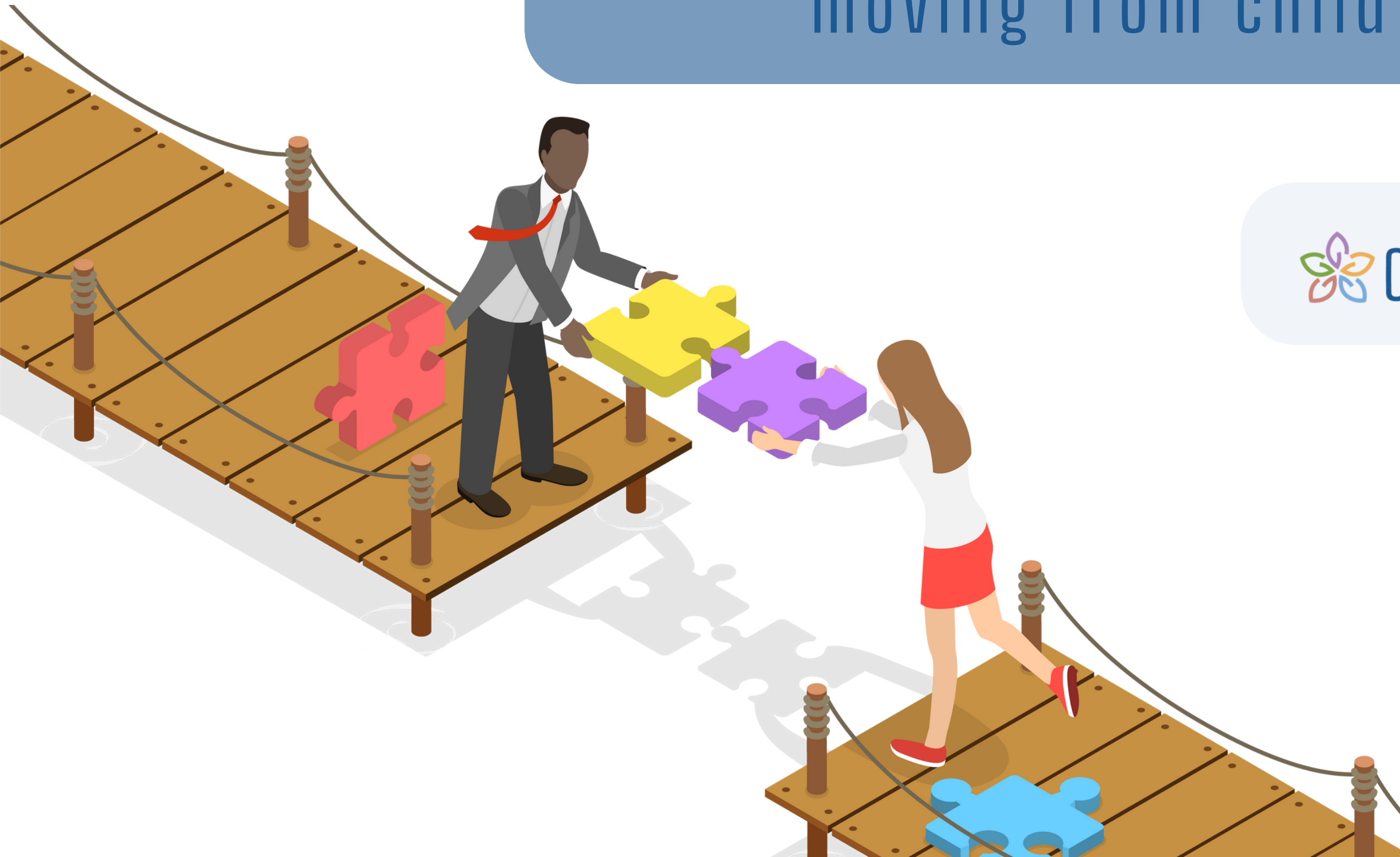


Build Your Bridge

moving from child to adult health care

 Children's Resource Center-West



Facilitator



MARYN BENGS

PROGRAM DIRECTOR

MBENGSA@CHIPPEWACOUNTYWI.GOV

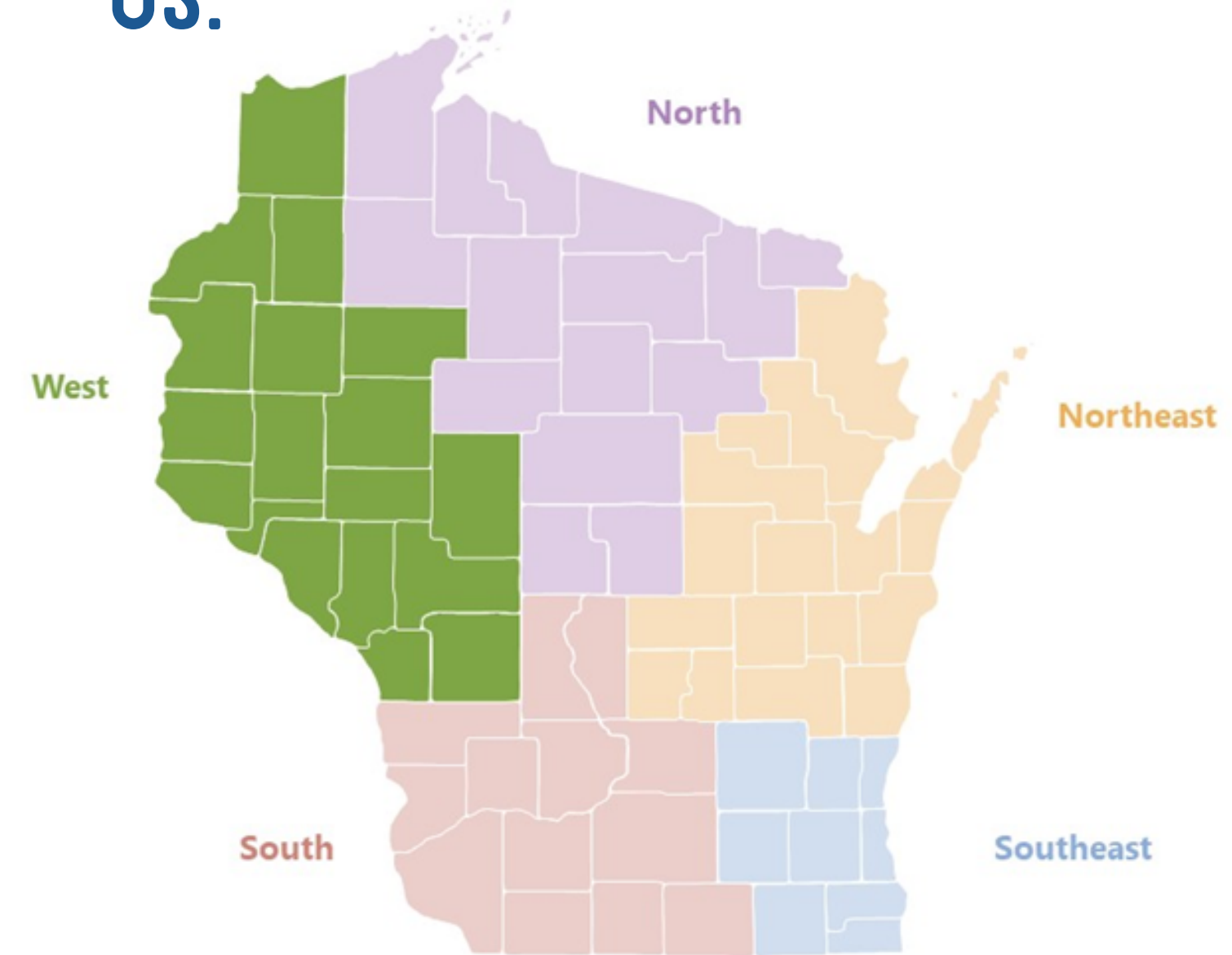
715.726.7794

About Us

OUR NETWORK:



US:



 Children's Resource Center-West

**“WE’RE HERE FOR A REASON. I BELIEVE A BIT OF
THE REASON IS TO THROW LITTLE TORCHES OUT
TO LEAD PEOPLE THROUGH THE DARK.”**

-WHOOPI GOLDBERG

Statewide Initiative



HEALTH TRANSITION WISCONSIN

SUPPORTING YOUTH TO ADULT HEALTHCARE



Learning Objectives

1. DEFINE YOUTH HEALTH CARE TRANSITION; WHAT IT IS AND WHY IT IS IMPORTANT
2. IDENTIFY ACTIVITIES IN DAILY LIFE WHERE TRANSITION OCCURS
3. APPLY TOOLS AND RESOURCES TO TAKE AN ACTIVE ROLE IN HEALTH CARE TRANSITION PROCESS
4. START A HEALTH TRANSITION ACTION PLAN



Outlook of Today:

1. OVERVIEW OF YOUTH HEALTH CARE TRANSITION
2. EIGHT BUILDING BLOCKS OF TRANSITION
 - A. DEFINITION OF EACH
 - B. HOW TO APPLY THEM TO YOUR LIFE
3. START TO BUILD YOUR BRIDGE - A TRANSITION ACTION PLAN



What is Health Care Transition



HEALTH CARE TRANSITION:
THE PROCESS OF GETTING READY
FOR HEALTH CARE AS AN ADULT

Who Needs to Transfer Care

ALL YOUTH WHO REACH AGE 18

**IT IS CRITICALLY IMPORTANT FOR YOUTH
WHO HAVE SPECIAL HEALTH CARE NEEDS,
INCLUDING MENTAL HEALTH CONDITIONS**

What Transitions

**HIGH
SCHOOL**

**POST
SECONDARY
SCHOOL**

**COMMUNITY
LIVING**

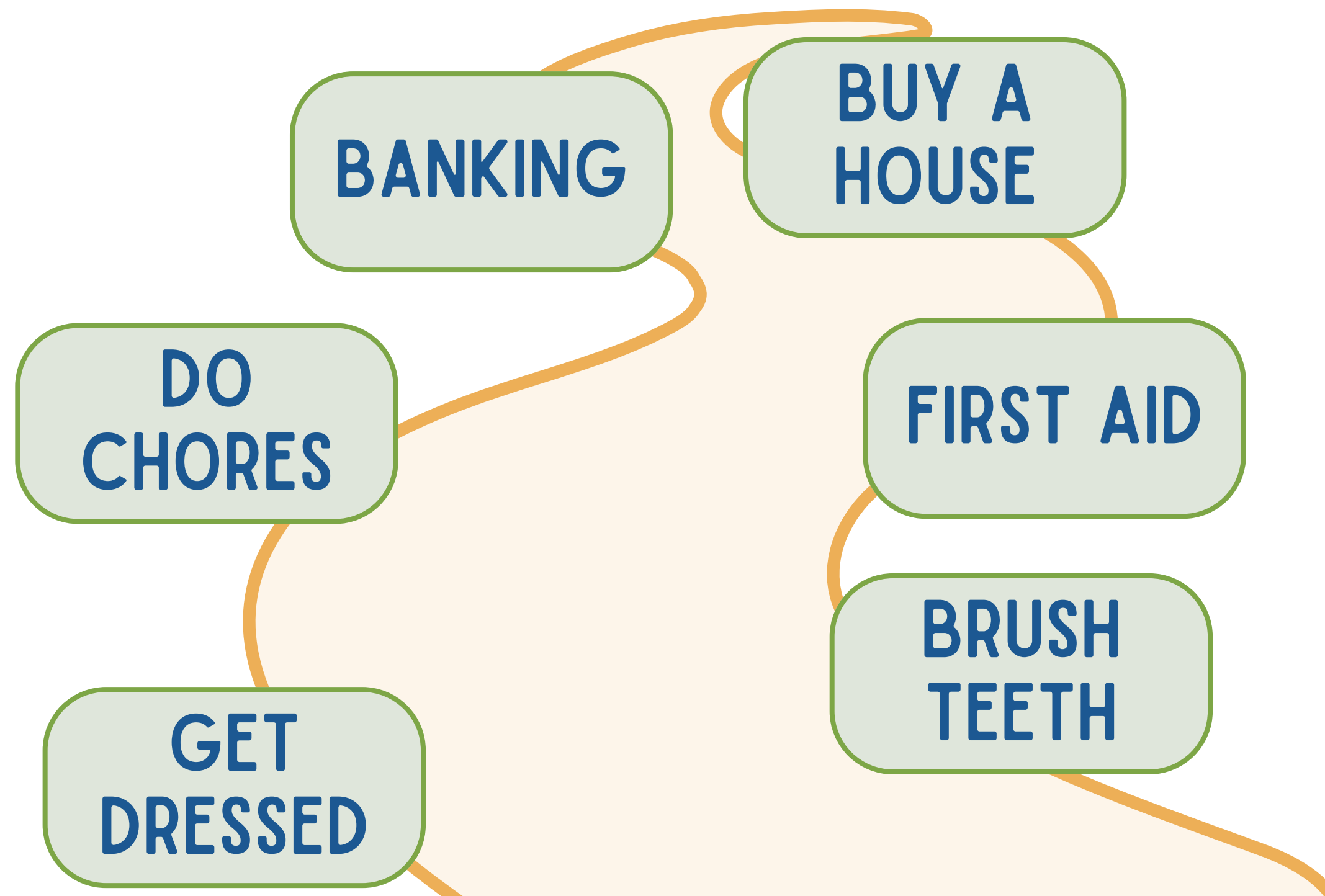
EMPLOYMENT

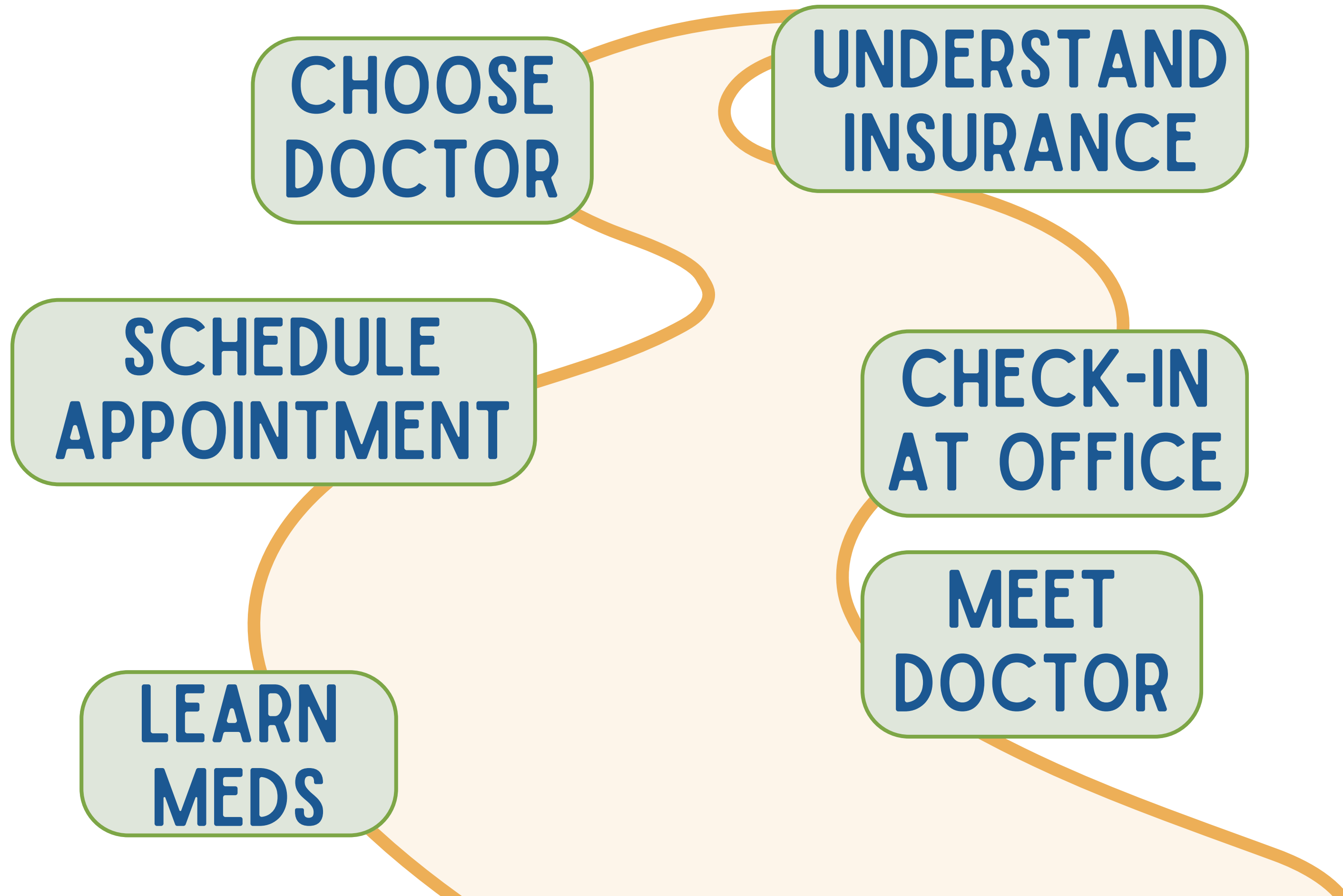
**HEALTH
CARE**

Healthy Living

- **ACHIEVEMENT IN SCHOOL**
- **SUCCESS IN DAILY LIFE**
- **EMPLOYMENT OR CONTINUING EDUCATION**
- **INCREASED INDEPENDENCE**

A Road to Independence





Transition Readiness Assessment



WHAT DO YOU ALREADY
KNOW ABOUT YOUR
HEALTH?

Workbook & Transition Assessments



[HTTPS://HEALTHTRANSITIONWI.ORG/YOUTH-FAMILIES/](https://healthtransitionwi.org/youth-families/)

Transition Tools



ADULT PROVIDER(S)



DECISIONS



HEALTH INSURANCE



EMERGENCY CONTACTS



APPOINTMENTS



MEDICATIONS



HEALTH SUMMARY



ABOUT ME

VIDEO TIME!

adult providers



WORKBOOK
PAGE 3

decisions



WORKBOOK
PAGE 5

decision making process



- EXPLORE DETAILS
- EVALUATE CONSEQUENCES
- TRUST YOUR JUDGEMENT
- MAKE THE BEST DECISION POSSIBLE
- RECOGNIZE YOU CAN CHANGE

supported decision making



USE ALLIES TO HELP UNDERSTAND SITUATIONS AND CHOICES

DECISION-MAKING ASSISTANCE

NO LONG-TERM LEGAL LIMITATIONS ON RIGHTS OR PERSONAL LIBERTIES



WHO IS MAKING DECISIONS ABOUT ME?

WWW.WI-BPDD.ORG

WWW.FAMILYVOICESWI.ORG

WWW.GOTTRANSITION.ORG/RESOURCES/INDEX.CFM

health insurance



HOW DO I GET IT?

WHAT DOES IT COVER?

WHAT DOES IT COST?



**WORKBOOK
PAGE 8**

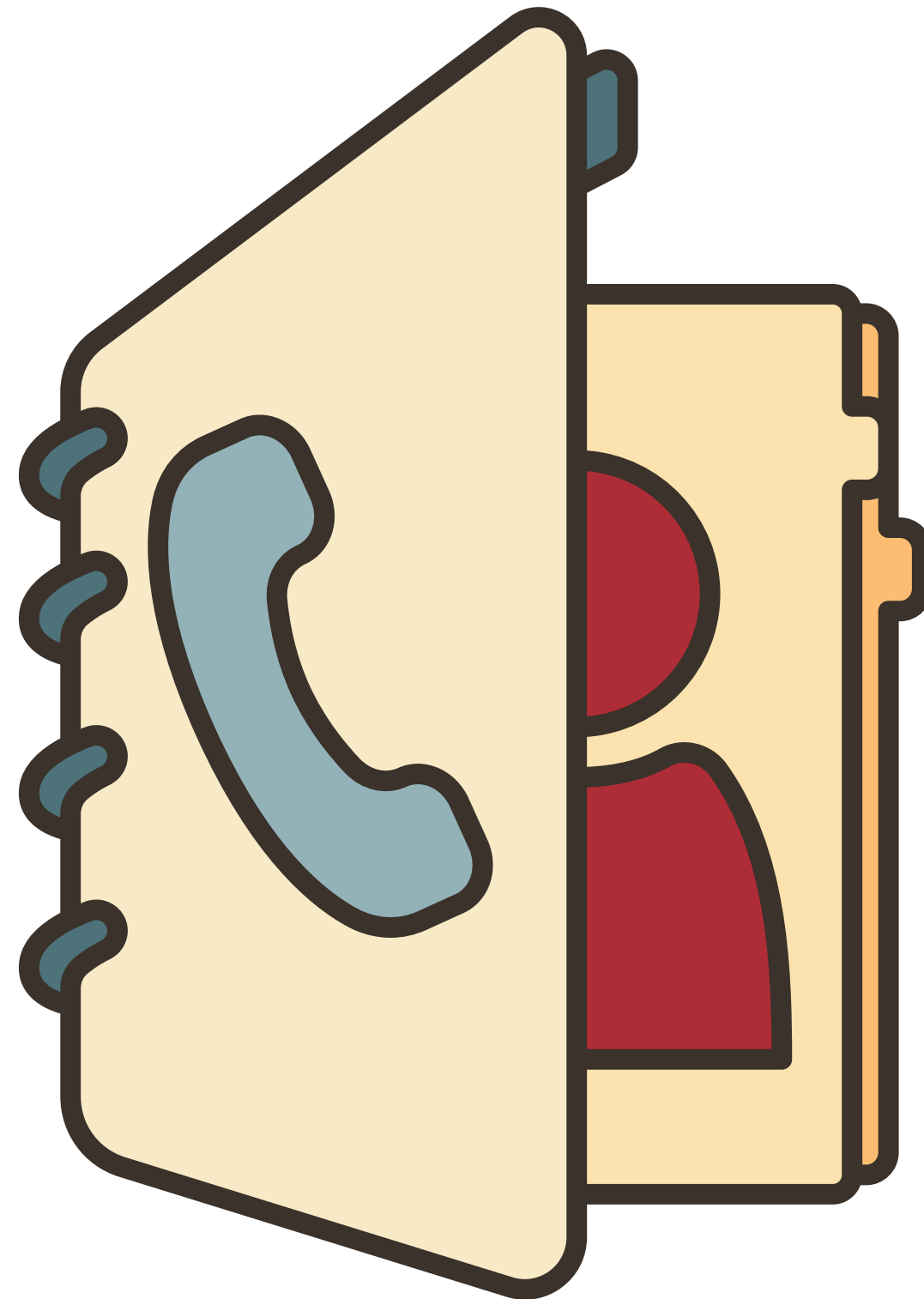
CARRY AN ID CARD

insurance options:

- PARENTS INSURANCE TO AGE 26
- BADGERCARE PLUS
- HEALTH INSURANCE MARKETPLACE
- SSI
- DISABLED DEPENDENT PROVISION



emergency contacts



WORKBOOK
PAGE 10

appointments



- WHO DO I CALL?
- WHAT KIND OF APPOINTMENT IS IT?
- WHEN AM I AVAILABLE?
- HOW AM I GOING TO GET THERE?
- HOW WILL I REMEMBER TO GO?

medications



LEARNING ABOUT MEDICATIONS!

EFFECTS OF MEDICATIONS

REFILLING MEDICATIONS

TRACKING MEDICATIONS

REASON FOR MEDICATIONS

**WORKBOOK
PAGE 14**

health summary



CONDITION OR DIAGNOSIS

SURGERIES

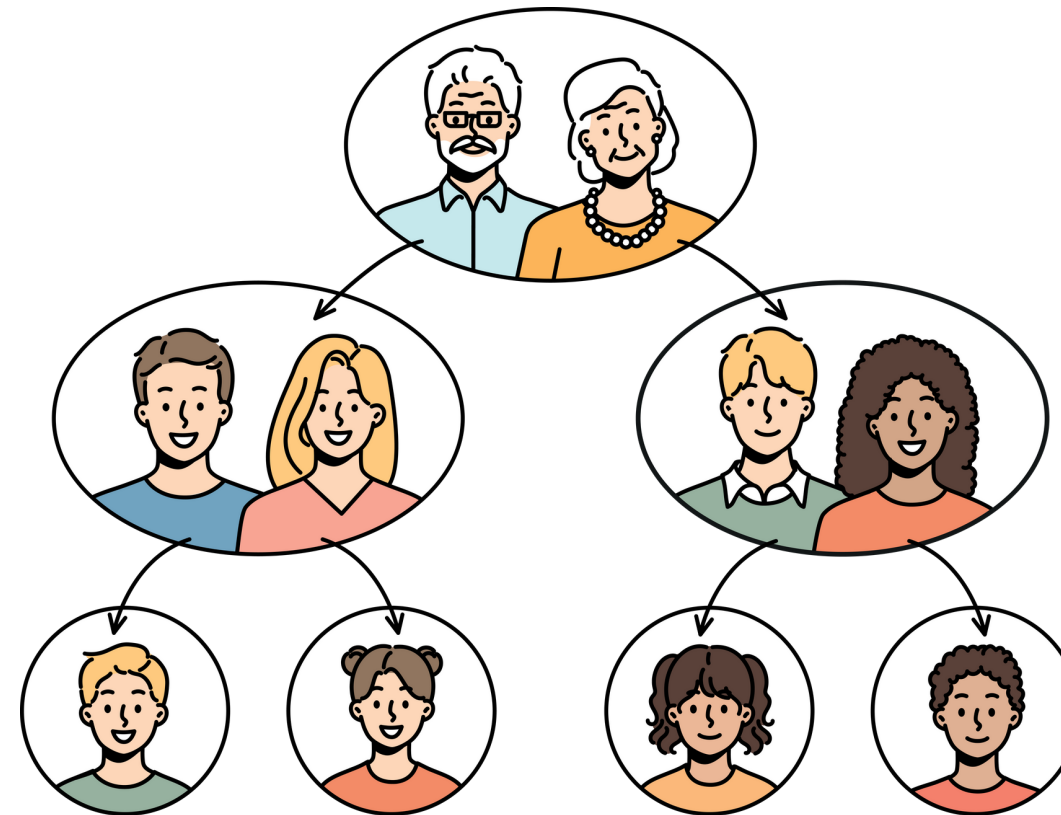
ALLERGIES

MEDICATIONS



**WORKBOOK
PAGE 16**

health summary TIPS



INCLUDE A FAMILY HEALTH HISTORY
HAVE A HARD COPY TO CARRY WITH YOU
IT CAN BE BASIC OR CREATIVE

about me



WHAT ABOUT ME IS IMPORTANT TO
SHARE WITH MY PROVIDER?



WORKBOOK
PAGE 21

Start Building Your Bridge



Start Building Your Bridge

- **TAKE THE READINESS ASSESSMENT**
- **START CONVERSATIONS EARLY**
- **VISIT THE HEALTH TRANSITION WI WEBSITE AND DOWNLOAD THE WORKBOOK**
- **TALK WITH PROVIDERS ABOUT CONTINUITY OF CARE DOCUMENTS AND CARE COORDINATION**

Start Building Your Bridge



- IDENTIFY HEALTH NEEDS
- DEVELOP A PLAN TO MEET EACH OF THESE NEEDS
- KEEP LINES OF COMMUNICATION OPEN WITH THE PARENT
- REACH OUT TO COMMUNITY SUPPORTS (ADRC, CIL, ETC)

ADRC

IMPORTANT TO CONTACT THE COUNTY ADRC WHEN THE TEEN IS 17.5

- HEALTH INSURANCE**
- ADULT PROVIDER**
- DECISION MAKING**
- GUARDIANSHIP/DECISION-MAKING**

some important things to know by age 18

- MONEY MANAGEMENT/BANKING/SAVINGS
- INSURANCE COVERAGE/PRIOR AUTHORIZATIONS
- BUDGETING/PAYING BILLS
- MEDICATION MANAGEMENT
- SELF-CARE
- PERSONAL SUPPORT SYSTEMS
- RELATIONSHIPS
- ANYONE CAN RECEIVE A HIGHER EDUCATION
- NO ONE IS INVINCIBLE
- WITH RIGHTS COMES RESPONSIBILITIES



transition resources



WWW.GOTTRANSITION.ORG



HEALTH TRANSITION WISCONSIN

SUPPORTING YOUTH TO ADULT HEALTHCARE



WWW.HEALTHTRANSITIONWI.ORG

THANK YOU



Children's Resource Center-West

Guiding Wisconsin families of children and youth with special health care needs



SCAN THE QR CODE OR
FOLLOW THE LINK TO
PROVIDE FEEDBACK!



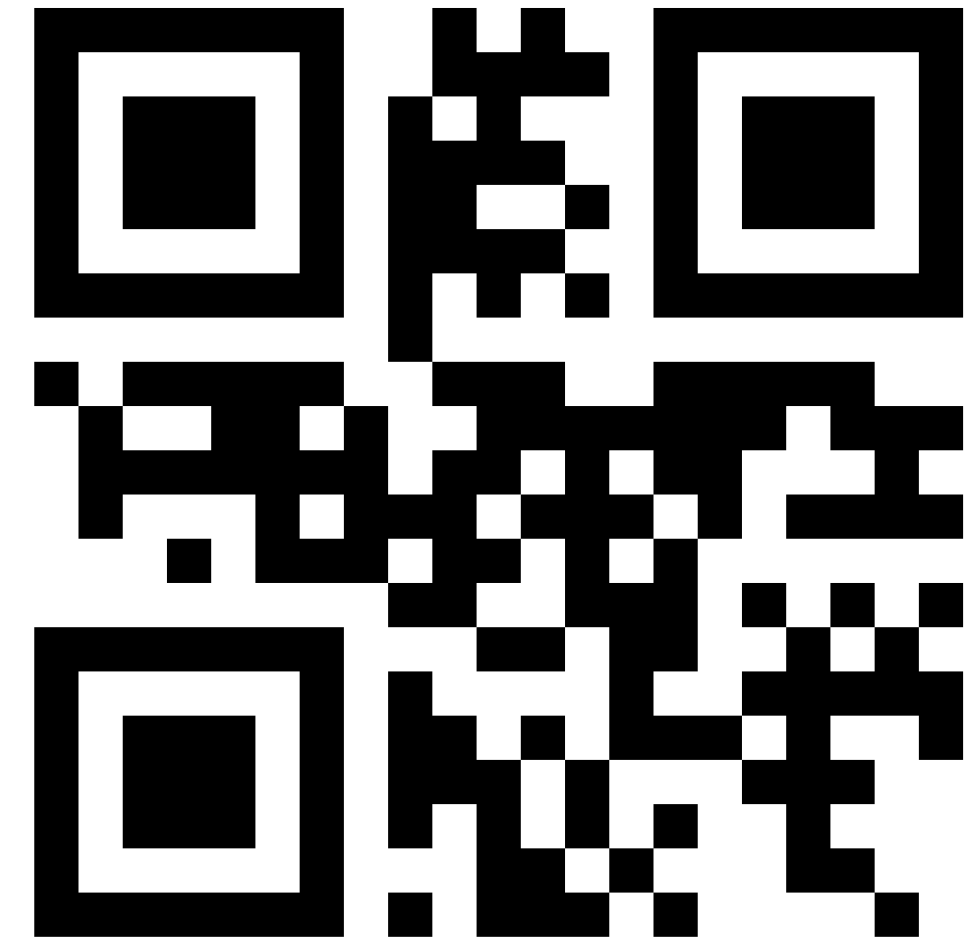
[HTTPS://REDCAP.WISCONSIN.GOV/SURVEYS/?S=HHPPR93Y4A](https://redcap.wisconsin.gov/surveys/?S=HHPPR93Y4A)

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FOLLOW US ON
FACEBOOK
TO LEARN ABOUT SERVICES,
EVENTS, AND MUCH MORE!



UTILIZE OUR
WEBSITE
TO NAVIGATE RESOURCES
AND CONNECT WITH SERVICES